

Dance movement videos

Click on these links to view YouTube videos

Ladies Chain

<https://www.youtube.com/watch?v=Z9PyERdToQA>

Selection of some Dance Figures

<https://www.youtube.com/playlist?list=PL98115A77COA52C39>

Note. The move shown in this collection as a "Right and Left Through" is in fact "Four Changes of a Circular Hey with Hands".

For a "Right and Left Through" we shall be dancing the move shown in the link at the bottom of this page..

English Country Dance Basics

<https://www.youtube.com/watch?v=yXKpZYL992g>

Owing to its comprehensive content, this is a long video, but scroll down to use YouTube's "Key Moments" feature to jump to selected topics e.g. Straight Hey for Three at 17 minutes 32 seconds.

Right and Left Through (Thru)

<https://www.youtube.com/watch?v=nw6HjvcqueO>